

Cultural Relevancy and Humility Committee for Monterey County Behavioral Health

January 13, 2021 at 1:00 PM

Zoom Video Conferencing Link to Meeting <https://montereycty.zoom.us/j/96994277354>

Context for the Meeting: The Cultural Relevance and Humility Committee (CRHC) serves in an advisory role to Monterey County Behavioral Health (MCBH) to ensure the public mental health delivery system is embedded in a collaborative process that is informed and influenced by community interests, expertise, and needs. The CRHC addresses cultural issues and has participation from cultural groups that are reflective of the community.

Attendees: Pamela Weston, Jill Walker, Alica Hendricks, Michael Lisman, Kacy Carr, Yvette Carreon, Jacob Agamao, Cesar Lara, Christina Wright, Martha Ortega, Kontrena McPheter and Relindis Diaz

Proposed Meeting Results:

1. Review meeting structure and logistics for 2021
2. Present goal of developing multiple strategies for obtaining direct feedback from community members related to their experiences with MCBH and contract providers and identify next steps related to proposed goal
3. Inform CRHC members of a proposed strategy to obtain direct feedback from community members related to their experiences with MCBH and contract providers
4. Share information and updates to inform CRHC members

Agenda

Time	Item	Notes/Reminders/Action Items
1:00	Welcome – Dana Edgull	Meeting was started at 1:00
1:05-1:10	Check-in <ul style="list-style-type: none">- Share in chat your name, role and a selfcare strategy you are using to support your mental health and wellbeing. If you cannot use chat and you are on the phone, press *9 and you can share out loud.	
1:10-1:15	Topic: Review meeting logistics for 2021 – Dana Edgull <ul style="list-style-type: none">• Name of Committee: Cultural Relevancy and Humility Committee• Frequency of meetings: Monthly on 2nd Wednesday of month from 1:00-2:30• Meetings will be held via Zoom Video Conferencing• Interpretation will be provided – English to Spanish translation	Meeting logistics were reviewed with committee members.

	<ul style="list-style-type: none"> ● Meetings are open to all Monterey County residents and interested parties ● Meeting information will be posted on the MCBH Website ● Roles and Functions of the CRHC will be reviewed and updated 	
1:15-1:50	<p>Topic: MCBH would like the CRHC to provide oversight to: Establish and implement a transparent and inclusive process for obtaining client/participant, community, and staff input related to cultural competence planning, implementation, monitoring and evaluation.</p> <ul style="list-style-type: none"> - Need to identify: <ul style="list-style-type: none"> ● What processes are currently in place to collect data? ● What types of data and information are currently collected? ● What are the viewpoints that are represented? i.e., client, youth, family member, community, staff etc. ● How/when is available data reviewed? ● How is data used to guide decisions? - Questions for CRHC: <ul style="list-style-type: none"> ● What are ways to improve upon current practices? ● What are additional ways to get client, community and staff input? And ways to hear from people who do not engage in care? - MCBH to host listening sessions the 2nd Wednesday of the month from 1:00-1:30 with the Patient’s Right Advocate & Ethnic Services Manager to provide community a consistent space to share concerns and to address issues that are impacting access to care. 	<p>Discussion:</p> <p>Pamela: noted need for inclusion amongst different community groups and that during the Community Program Planning Process with Michelle we identified resources in our community and assets and recommended we look at those. We need to know: what our resources are, who we are beyond color and get to know one another and understand one another, beginning with our ancestors. Also, suggested we look at the Guiding principles from SAMHSA.</p> <p>Kacy: Made recommendation to look internally at MCBH as we could do better job at communicating with MCBH staff about committee & the goals and objectives. Noted what happens around inclusivity is also about equity and shared concern that different groups could potentially be pitted against one for funding. Also noted limitations of data and that it tends not to be fully accurate or tell full picture. Especially if looking at data from a top down perspective or predominate cultural perspective.</p> <p>Yvette: Noted we should focus on finding things that are common and advocating together – try and move beyond competition – organize and get information to come up with common goals. Starts with talking to people and basic organizing.</p> <p>Jacob: noted that the way we (Epicenter) collect data through EvalCorp has been helpful and useful. Since we are still in shelter in place, the methods that we use to collect data are limited, especially when we are depending on</p>

		<p>internet access. We face tremendous hurdles in collecting accurate data from people that do not have internet access or cell phones.</p> <p>Dana: shared two example of data and information that could be shared with the committee next month (Report from the Community Program Planning Process & Results from an MCBH Survey) and asked committee members if they would like to have this presented.</p> <p>Action Items: Dana will bring data collected during the last Community Program Planning Process and have staff from Quality Improvement present on the findings from the MCBH survey.</p>
1:50-2:00	<p>Announcements & Check-out</p> <ul style="list-style-type: none"> - Members can make announcements - Next Meeting: February 10, 2021 - Listening Session will start at 1:00 - CRHC Agenda will start at 1:30 	<p>Pamela shared that NAMI will be doing a Peer to Peer training Dana will forward information from NAMI to Committee</p> <p>Alica/Dana shared information on surveys for Community Members and Providers that will inform the current CPPP for the Mental Health Services Act Annual update. Dana will email survey links to members and asked that they share with the community.</p>
	Adjourn	2:00 PM meeting was adjourned