

Cultural Relevancy and Humility Committee for Monterey County Behavioral Health

April 14, 2021 at 1:30 PM

Zoom Video Conferencing Link to Meeting <https://montereycty.zoom.us/j/96994277354>

Context for the Meeting: The Cultural Relevance and Humility Committee (CRHC) serves in an advisory role to Monterey County Behavioral Health (MCBH) to ensure the public mental health delivery system is embedded in a collaborative process that is informed and influenced by community interests, expertise, and needs of Monterey County residents.

Attendees: Dana Edgull, Andria Sumpter, Cristina Ranusch (Interpreter), Kontrena McPheter, Katy Eckert, Alica Hendricks, Daena Petersen, Kacey Rodenbush, Lindsey O’Leary, Nivedita (Nivy) Meethan, Perla Calvario, Regina Kendall, Yessica Rodriguez, Adriana Furuzawa; Christina Wright, Kacy Carr, Pamela Weston

Proposed Meeting Results:

1. Committee members will receive a presentation from Kacey Rodenbush & Nivy Meethan on the developing Interconnected Systems Framework for LGBTQ+ youth and their families, the LGBTQ+ Cultural Competency Training Series and how QI is measuring impact
2. Committee members will receive update on proposed activities to promote awareness of mental health & available resources in May 2021
3. Committee members will share updates and announcements

Agenda

Time	Item	Notes/Reminders/Action Items
1:30	Welcome – Dana Edgull	Meeting was started at 1:32 p.m.
1:30-1:40	Check-in - Share in chat your name, role and something that makes you smile 😊. If you cannot use chat and you are on the phone, press *9 and you can share out loud.	
1:40-1:45	Introduction of Katy Eckert – Behavioral Health Director Presenter – Dana Edgull	<ul style="list-style-type: none"> • Dana Introduced Katy <ul style="list-style-type: none"> ○ Katy spoke to the group
1:45-2:15	Topic: Presentation on Interconnected Systems Framework for LGBTQ+ youth and their families, upcoming LGBTQ+ Cultural Competency Training Series and how we are measuring impact. Presenter(s) – Kacey Rodenbush, Dr. Daena Petersen & Nivy Meethan	<ul style="list-style-type: none"> • Kacey Rodenbush, Program Manager, MCBH Education Team (serves County’s public schools) <ul style="list-style-type: none"> ○ Presented PowerPoint on Performance Improvement Project (PIP) – L LGBTQ+ Network of Affirmative Care • Dr. Daena Petersen, Psychiatrist w/specialty focus in LGBTQ+, Community and HIV <ul style="list-style-type: none"> ○ Training series will kick-off on April 29th

		<ul style="list-style-type: none"> • Nivy Meethan, Epidemiologist, MCBH-Quality Improvement (QI) <ul style="list-style-type: none"> ○ Presented PowerPoint ○ The QI – PIP will help capture and measure data and provide outcomes ○ Goal is to train MCBH staff to provide best practices in serving LGBTQ+ population (current focus is on the youth) ○ Overall outcome of this PIP will be available at the end of 2021 (performance measures will be monitored each month)
2:15-2:20	<p>Topic: May – Mental Health Awareness month activities update Presenter – Dana Edgull</p>	<ul style="list-style-type: none"> • 2 Proclamations will recognize May as MH awareness Month and the first 1 week in May as Maternal MH Awareness • BH is making efforts to increase its social media presence/activity with information in both English & Spanish • Upcoming events will be live streamed via Facebook and accessible via Zoom <ul style="list-style-type: none"> ○ Topics: Understanding MH; Taking Care of Your MH & Accessing Resources • Suicide Prevention Services of the Central Coast will host 4 workshops (2-English; 2 Spanish); flyers to come • MCBH in partnership with County’s CAO’s office and the Promotores (community health workers) information will be distributed in the communities on COVID-19 and resources for MH and Substance Abuse
2:20--2:30	<p>Announcements & Check-out</p> <ul style="list-style-type: none"> - Members can make announcements - Monterey County Board of Supervisors passed a Resolution declaring Racism a Public Health Crisis on April 6, 2021 - Briefing on the CA Reducing Disparities Project on April 23 	<ul style="list-style-type: none"> • Recovery Taskforce (PEERS) meets tomorrow (4/15) at 3pm <p>Open to agenda items/topics from the Committee Ask to this Committee: think about a creative project healing and trauma in our community</p>

	<ul style="list-style-type: none">- Interim has started Crisis Counseling Program M-F 8-5- Next Meeting: May 12, 2021 at 1:30 - Topic will be MHSA Innovations Projects	
	Adjourn	2:32p.m.