Monterey County EMS System Policy



Protocol Number: MP-1 Effective Date: 7/1/2022 Review Date: 6/30/2025

NAUSEA AND VOMITING MANAGEMENT-PEDIATRIC

ALS CARE Routine Medical Care (Protocol MP-2) Maintain a patent airway Consider potential life-threatening causes and treat as appropriate Apply cardiac monitor Consider assessing blood glucose level Attempt to reduce N/V through noninvasive means: Fresh air or Oxygen Reduce unpleasant odors Distraction techniques Administer Ondansetron Signs of hypoperfusion Consider Pain control for Administer IV/IO fluids: associated abdominal NS Bolus 20ml/kg May repeat as needed for continued pain (Protocol MP-3) signs/symptoms of shock Transport to closest ED Ondansetron/Zofran: For patients age 2-8 years <40kg: 2 mg IV/IO/IM/ODT > 40 kg: 4 mg IV/IO/IM/ODT Administer slowly by IV, no less than 30 seconds; Recommended over 2-5 minutes May repeat once in 15 minutes to control persistent or recurring nausea and/or vomiting.

Maximum total dose of 8 mg.