Monterey County EMS System Policy

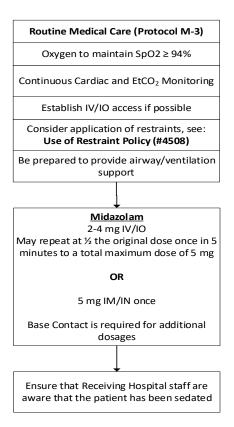


Policy Number: N-1 Effective Date: 7/1/2024 Review Date: 6/30/2027

PROCEDURAL SEDATION

ALS CARE

To be utilized for conscious patients requiring cardioversion or transcutaneous pacing



Richmond Agitation & Sedation Scale (RASS)		
Score	Term	Description
+4	Combative	Overtly combative, violent, immediate danger to staff
+3	Very agitated	Pulls or removes tube(s) or catheter(s); aggressive
+2	Agitated	Frequent non-purposeful movement; fights ventilator
+1	Restless	Anxious but movements not aggressive, vigorous
0	Alert and calm	
-1	Drowsy	Not fully alert, but has sustained awakening (eye-opening/eye-contact) to voice (> =10sec)
-2	Light sedation	Briefly awakens with eye contact to voice (<10sec)
-3	Moderate sedation	Movement or eye opening to voice (but no eye contact)
-4	Deep sedation	No response to voice but movement or eye opening to physical stimulation
-5	Unarousable	No response to voice or physical stimulation

Principles of Pre-Procedural Sedation

- Absolute contraindications to Midazolam
 - Sensitivity to Midazolam
 - Systolic BP < 90 mmHg
- Beware of the synergistic effects of combining a benzodiazepine with a narcotic which may cause significant respiratory depression, decreased LOC, and/or hypotension.
- Intubation equipment and Naloxone should be readily available when providing sedation therapy.
- RASS must be assessed/documented prior to and post pharmacological intervention.
 - Goal of sedation is a 0 or -1 score on the RASS.