

CULTURAL RELEVANCE & HUMILITY COMMITTEE / COMITÉ DE RELEVANCIA CULTURAL Y HUMILDAD

Location: Hybrid Model: Virtual Zoom:
<https://zoom.us/j/6592329260>

In Person: Life Foundation Bldg. 1000 S. Main St. Salinas
Ca. 93901

Date: 05.10.2023

Time: 1:30 pm 3:00 pm

Facilitator: Community Led

Host: Jessica Mora Ramirez

Agenda:

1: 30 pm - 1:40 pm

Land Acknowledgement & the
Land Back Movement / Reconocimiento de Los
Territorio y el Movimiento "Land Back"

1: 40 pm - 1: 55 pm

Introductions/ Introducciones

- Name and pronouns
- Nombre y Pronombres

1:55 pm - 2:00 pm

The Mission/ La Misión*

*Context for the meeting: The mission of the Cultural Relevance and Humility Committee (CRHC) is to provide guidance and counsel to Monterey County Behavioral Health (MCBH) on matters of cultural relevance and humility, ensuring that the public mental health delivery system operates in a collaborative and community-informed manner that meets the unique interests and needs of Monterey County residents.

*Contexto de la reunión: La misión del Comité de Relevancia Cultural y Humildad (CRHC, por sus siglas en inglés) es brindar orientación y asesoramiento a la Salud Conductual del Condado de Monterey (MCBH, por sus siglas en inglés) en cuestiones de relevancia cultural y humildad, asegurando que el sistema público de entrega de salud mental opere de manera colaborativa e informada por la comunidad, y que satisfaga los intereses y necesidades únicas de los residentes del Condado de Monterey.

2: 00 pm - 2:30 pm

Relationship Building/ Relaciones Comunitarias

- Reflection/ reflexiones

2: 30 pm - 2:55 pm

Resources/ Recursos

- May is Mental Health Awareness/ Mayo es el Mes Nacional de Concientización sobre la Salud Mental

2:55 pm - End

Meeting Adjourned / Junta Aplazada

People in
Attendance :

NAME (Zoom)	PRESENT	NAME (In Person)	PRESENT
<i>Kontrena McPheter (INTERIM, OMNI Center)</i>	X	<i>Jessica Mora Ramirez (MCBH)</i>	X
<i>Amalia (INTERIM Wellness Navigator)</i>	X	<i>Dana Edgull (MCBH Prevention Manager)</i>	X
<i>Efrain Magallenes</i>	X	<i>Miguel Galvador</i>	X
<i>Jill Walker (MCBH Training Manager)</i>	X	<i>Marti Guzman (MCBH Senior Secretary)</i>	X
<i>Brenda - Interpreter</i>	X	<i>Michelle Carter (MCBH Senior Secretary)</i>	X
<i>Juan P. Rodriguez (Civil Rights Office)</i>	X	<i>Gillian Renteria (VHA)</i>	X
<i>Lizette De Leon</i>	X	<i>Lynette Foster (VHA)</i>	X
		<i>Marcela Avincola (VHA)</i>	X
		<i>Joyce Davis (advocate for SSC; invited by Anna Foglia)</i>	X
		<i>Yemenia Flores (VIDA Community Project in Salinas)</i>	X
		<i>Monica Rico (Gonzales)</i>	X
		<i>Jose Chavez (Gonzales)</i>	X
		<i>Interpreter</i>	

Meeting actual start time: 1:58 PM

1. **Land Acknowledgement & the Land Back Movement**
2. **Introductions**
3. **The Mission**

The mission of the Cultural Relevance and Humility Committee (CRHC) is to provide guidance and counsel to Monterey County Behavioral Health (MCBH) on matters of cultural relevance and humility, ensuring that the public mental health delivery system operates in a collaborative and community-informed manner that meets the unique interests and needs of Monterey County residents.

What happens in the meantime while we wait?

What happens to folks who don't fall into the severe-moderate level of care?
Discussion on challenges of navigating system.

4. Relationship Building

- What brought you here? Why did you choose to come here today?
- What are you passionate about when it comes to the community/communities you work with?
 - Bridging those who have with those who don't, education, stigma is killing people, community members who want to help but don't know who to turn to
- Advancing | Together | Towards | Healing
 - Do we have an understanding of why we are here today?
 - What is our mission together? What should our focus be (short-term vs. long-term goals)?
 - What can we collaboratively create with regards to this committee?
 - Alternate names for this committee (Culture Relevance & Humility Committee)?
 - How may we foster healing that is not solely dependent on a therapist?
 - How may we integrate behavioral health culturally to make that information available to our elders? There's a difference between being educated and being institutionalized? Education starts in the home, starts in the community.

5. Resources (Announcements & Events)

- Dana Edgull, Prevention Manager, long-time Salinas resident and county employee, has many resources available
- Kontrena McPheter announced the 5/12 Interim Consumer Art Show ("Race Towards Mental Health") at Sherwood Hall; starts at 10:30 AM; registration ends today, 5/10
- Beacon has now changed to CARELON
- Friday, 5/12 The Village Project Inc. is having an Open House
- Friday, 5/19 and Thursday, 5/25 Office of Inclusive and Sustainability (CSUMB) is putting on "Collective Healing Through Art"

Meeting actual end time: 3:02 PM

