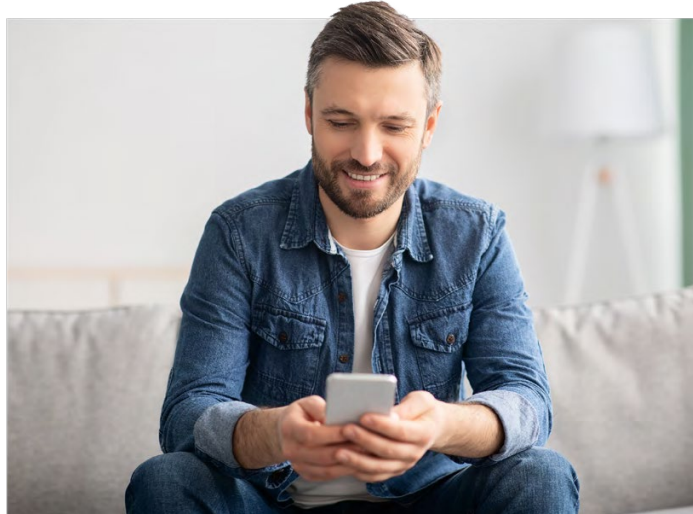


FAQs

We created a summary of our most popular questions to help you make the most of Wellbeats Wellness, a product of LifeSpeak Inc. You can find a full list of all questions and video tutorials on our website here. Let's dive in!



1. HOW DO I CREATE A WELLBEATS WELLNESS ACCOUNT?

If Wellbeats Wellness is offered to you as a virtual wellness benefit through an employer, health plan, multifamily community, or other affiliated facility – an account has already been created for you! You do not need to create an account.

2. HOW CAN I FIND OUT IF I HAVE AN ACCOUNT?

If you believe you have a Wellbeats Wellness account but haven't received login credentials through a welcome email from Wellbeats Wellness, please contact your sponsoring organization for guidance.

Examples of sponsoring organizations include:

- Employer
- Health Plan
- Multifamily Community
- Health, Fitness, or Community Facility
- University or College

3. HOW CAN I ACCESS WELLBEATS WELLNESS?

The Wellbeats Wellness app is available for download via iOS and [Android](#). You may also access Wellbeats Wellness on a computer via the web portal: portal.wellbeats.com.

4. I TRIED RESETTING MY PASSWORD BUT DID NOT RECEIVE AN ACCOUNT VERIFICATION EMAIL. WHAT SHOULD I DO?

After selecting "Forgot Password", you should receive an account verification email. If 30 minutes have passed and you still have not received an email, you may not have a Wellbeats Wellness account associated with that email address.

Alternatively, your sponsoring organization may not use emails when creating member accounts.

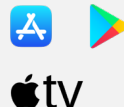
For additional support, contact Member Support at support@wellbeats.com.

5. CAN I CAST OR MIRROR WELLBEATS WELLNESS TO A LARGER SCREEN?

Yes! Download [this guide](#) to learn how to stream Wellbeats Wellness on a TV.

6. CAN I TURN ON CLOSED CAPTIONING?

Yes, closed captioning is available to display a text version of what is being said on screen. Closed captioning is available in English, Spanish, and French for most classes.



portal.wellbeats.com
support@wellbeats.com