

**Substance Use Disorder (SUD)  
Prevention/Intervention Services**

**🏠 Outpatient**

**Community Human Services (CHS)**

Monterey ..... (831) 237-7222

Salinas ..... (831) 658-3811

**Door to Hope-Salinas** ..... (831) 758-0181

**Sun Street Centers**

King City ..... (831) 525-8101

Marina ..... (831) 582-9461

Salinas (128 Alisal) ..... (831) 753-5150

Salinas (12 Sun Street) ..... (831) 753-6001

Seaside ..... (831) 393-9316

Soledad ..... (831) 385-0100

**Valley Health Associates**

All regions ..... (831) 424-6655

**🏠 Residential**

**Door to Hope-Women** .....(831) 422-6226

**Genesis House-Seaside**.....(831) 899-2436

**Sun Street Centers**

Men only, Salinas ..... (831) 753-5145

Men/Women, King City ..... (831) 525-8181

**🏠 Narcotic Treatment Program**

**Off Main Clinic (CHS)**..... (831) 424-4828

**Valley Health Associates** ..... (831) 424-6655

**🏠 Other**

**Bridge Ministries** (faith based).....(831) 372-2033

**Celebrate Recovery** (faith based).....(831) 422-7811

**D.A.I.S.Y.** For youth ..... (831) 233-9029

**Perinatal (CHS)** Seaside ..... (831) 899-2436

**Twelve Step Programs**

**Alcoholics Anonymous**

Monterey Bay ..... (831) 373-3713

Salinas Valley ..... (831) 424-9874

**Narcotics Anonymous**

Monterey ..... (831) 624-2055

Salinas ..... (831) 758-1630

**General Resources**

**CalWORK's Dept. of Social Services** (866) 323-1953

**Central Coast Center for Independent Living (CCCIL)** ..... (831) 757-2968

**One Stop Career Centers**

Salinas..... (831) 755-4452

King City..... (831) 386-6849

**Social Security Administration**.... (877) 600-2857

**United Way Info Line (24/7) . . . 2-1-1**

**Behavioral Health Counseling/Education**

**Carelon Behavioral Health** ..... (855) 765-9700

\*Medi-Cal Beneficiaries only

**Community Human Services** ..... (831) 658-3811

**Interim Inc. MCHOME** ..... (831) 883-3030

\*Serves homeless individuals with mental health needs

**MC Behavioral Health** .....(888) 258-6029

**NAMI** ..... (831) 422-6264

**The Village Project-Seaside**..... (831) 392-1500

**Children, Youth and Family Programs**

**First 5 Monterey County** ..... (831) 444-8549

**Girls Inc. of the Central Coast**..... (831) 772-0882

**Rancho Cielo Youth Camps** ..... (831) 444-3533

**Teen Pregnancy Prevention Prog.** (831) 755-4649

**Youth Alternative to Violence** ..... (831) 233-9029

**YWCA**..... (831) 422-8602



**MONTEREY COUNTY  
BEHAVIORAL HEALTH**

Avanzando Juntos Forward Together



**Monterey County  
Resource Guide**

Revised 1/2024

**Monterey County Behavioral Health**

**Access and After Hours**.....(888) 258-6029

**For immediate emergencies, dial: 9-1-1  
Suicide and Crisis Lifeline call/text: 9-8-8**

**Crisis Lines**

**Adult Protective Services Hotline**

Monterey .....(831) 883-7565

**Child Abuse Reporting Hotline**

24 hours ..... (800) 606-6618

Local..... (831) 755-4661

**Children/Youth Mobile**

**Response Team** ..... (831) 687-4379

**Community Crisis Line of**

**Monterey County** ..... (866) 615-1060

**Family Urgent Response System Program**

(FURS) ..... (833) 939-3877

**LGBT National Help Center** ..(888) 843-4564

National Youth Talk line ..... (800) 246-7743

**Maternal Mental Health Warmline**

Local..... (831) 783-5933

**Military One-Source**.....(800) 342-9647

**Runaway and Homeless Youth Helpline**

Local..... (831) 241-0914

**Suicide Prevention Service of the Central Coast**

Toll-Free crisis line ..... (877) 663-5433

**Trevor Lifeline**

Hotline LGBTQ youth ..... (866) 488-7386

**YWCA Domestic Violence Crisis Line**

Monterey County..... (831) 372-6300

Or..... (831) 757-1001

## Legal Assistance Programs/Organizations

**Catholic Charities**..... (831) 393-3110

### California Rural League Assistance

.....(831) 757-5221

### Central Coast Citizenship Project

..... (831) 422-4626

### Legal Services for Seniors

Salinas..... (831) 442-7700

Seaside..... (831) 899-0492

**Monterey College of Law** (831) 582-3600

### U.S. Citizenship and Immigration Services

..... (800) 375-5283

**Watsonville Law Center**..... (831) 722-2845

## Food Distribution Programs

<https://foodbankformontereycounty.org>

**Dorothy's Place**..... (831) 757-3838

Salinas Dorothy's Kitchen (Hot meals)

**First United Methodist Church** (831) 424-0855

**Food Bank for MC**.....(831) 758-1523

**Good Samaritan Cntr.-Seaside**..(831) 899-4988

### Pass the Word Ministry, Inc.

Hot meal served El Paso Park Monterey

**Salvation Army-Salinas** ..... (831) 443-9655

**San Carlos Cathedral-Loaves and Fishes**

..... (831) 373-2628

**Victory Mission-Salinas**..... (831) 424-5688

## Child Care or Preschool

### Early Development Services, Inc.

Avondale Early Education Center-Seaside

..... (831) 899-4757

Orom Children's Center-Salinas

..... (831) 755-6774

### Mexican American Opportunity Foundation

Main office ..... (831) 424-6939

### Monterey Office of Education

Head Start ..... (831) 755-0350

## Shelter/Housing Resources

**CHISPA**..... (831) 757-6251

**Coalition of Homelessness** ..... (831) 883-3080

**Community Homeless Solutions** (831) 384-3388

Emergency Women's Shelter-Salinas .....(831) 422-2201

Emergency Women's Shelter-Seaside.... (831) 394-8372

### Community Human Services-Monterey

Safe Place ..... (831) 373-4421

Safe Passage Transitional Housing(831) 717-4126

**Dorothy's Place- Salinas** ..... (831) 757-3838

Walk-in Center, Women Alive! Transitional Housing

### Housing Authority of Monterey County

..... (831) 775-5000

I-HELP-(Interfaith Homeless Emergency Lodging

Program) ..... (831) 251-8663

### Pass The World Ministry, Inc.

One Starfish Safe Parking..... (831) 724-9576

**Salvation Army-Monterey**..... (831) 899-1071

**Veterans Transition Center** ..... (831) 883-8387

**Victory Mission-Salinas** ..... (831) 424-5688

## Clothing Resources

### Goodwill Industries

Marina ..... (831) 233-7767

Monterey..... (831) 649-6056

Salinas..... (831) 755-8668

Soledad..... (831) 237-6987

### Society of St. Vincent de Paul Thrift Store

Pacific Grove..... (831) 642-9387

### The Salvation Army Thrift Store

Salinas..... (831) 424-0889

**Victory Mission-Salinas** ..... (831) 424-5688



MONTEREY COUNTY  
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## Health Services

**Bienestar Health Clinic** ..... (831) 755-4123

**Medi-Cal-Monterey County** .. (866) 323-1953

**Casa de Cultura-Watsonville** . (831) 763-0702

**CCAH**..... (831) 755-6000

### Clinica de Salud del Valley de Salinas

..... (831) 757-1365

### Community Hospital of the Monterey

**Peninsula** ..... (831) 624-5311

### George L Mee Memorial Hospital

..... (831) 385-6000

### Mee Memorial Medical Clinic-King City

..... (831) 385-5471

### Monterey County Health Department

Alisal Health Center -Salinas..... (831) 769-8800

Laurel Family Practice-Salinas ... (831) 755-4123

Laurel Internal Medicine-Salinas(831) 769-8640

Laurel Pediatric Clinic-Salinas.... (831) 755-4124

Laurel Vista-Salinas..... (831) 755-4000

Marina Health Clinic ..... (831) 384-1445

NIDO Clinic..... (831) 796-1770

Seaside Family Health Clinic ..... (831) 899-8100

**Planned Parenthood** ..... (877) 855-7526

Seaside..... (831) 394-1691

Salinas..... (831) 758-8261

**Natividad Medical Center** ....(831)755-4111

**Rota Care Clinic-Seaside** ..... (831) 333-6495

### Salinas Valley Memorial Hospital

..... (831) 757-4333

## Dental Services

### Central Coast Pediatric Dental Group

..... (831) 443-5801

### Community Oral Health Services

**Salud Para La Gente-** [www.splg.org](http://www.splg.org)

Seaside/Greenfield..... (831) 728-0222

**Denti-Cal** – [www.denti-cal.ca.gov](http://www.denti-cal.ca.gov)

English/Spanish ..... (800) 322-6384