



# Lactation Accommodation Request Form

In accordance with the County of Monterey Lactation Accommodation While at Work Policy, breastfeeding employees may request and be provided breaks and/or space to express milk during working hours. **Employees are encouraged to submit this completed and signed form to their Departmental Benefit Coordinator as soon as they identify the need for lactation accommodation. If employees are interested in completing the form electronically via DocuSign, please click [here](#).** Providing as much advance notice as possible will assist the County in ensuring that an appropriate location can be identified prior to the employee's need.

## EMPLOYEE INFORMATION

Name: \_\_\_\_\_ Title/Position: \_\_\_\_\_

Work email: \_\_\_\_\_ Work Phone: \_\_\_\_\_

## LACTATION ACCOMODATION REQUEST

Start date accommodation needed: \_\_\_\_\_ Estimated end date: \_\_\_\_\_

Do you need additional time beyond your rest break(s) and/or lunch break to express milk?  Yes  No

➤ *If yes, complete the following section*

Indicate the **additional** days/times outside of your regularly scheduled breaks/lunch that you request, including estimated length of break:

	<input type="checkbox"/> <b>Monday</b>	<input type="checkbox"/> <b>Tuesday</b>	<input type="checkbox"/> <b>Wednesday</b>	<input type="checkbox"/> <b>Thursday</b>	<input type="checkbox"/> <b>Friday</b>	<input type="checkbox"/> <b>Saturday</b>	<input type="checkbox"/> <b>Sunday</b>
<b>Break 1</b>	Start Time	Start Time	Start Time	Start Time	Start Time	Start Time	Start Time
	End Time	End Time	End Time	End Time	End Time	End Time	End Time
<b>Break 2</b>	Start Time	Start Time	Start Time	Start Time	Start Time	Start Time	Start Time
	End Time	End Time	End Time	End Time	End Time	End Time	End Time

How do you plan to make up your time (check all that apply)?  Accruals  Flex Schedule  Other (explain)

By my signature below, I agree to adhere to the County's Lactation Accommodation While at Work Policy:

Employee Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SUPERVISOR/MANAGER REVIEW

Supervisor/Manager Name: \_\_\_\_\_

Supervisor/Manager Title: \_\_\_\_\_

Approved (*optional comments*)

Denied (*required comments*)

Supervisor/Manager Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**If request is being denied by supervisor/manager, form must be forwarded to the Department Head for final review.**

## DEPARTMENT HEAD REVIEW

Department Head Name: \_\_\_\_\_

Department Head Title: \_\_\_\_\_

Approved (*optional comments*)

Denied (*required comments*)

Department Head Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**If approved, return the completed form to your Departmental Benefit Coordinator. If the request is denied, a copy of the denial should be forwarded to the Civil Rights Office.**

