

| <b>ABBREVIATIONS</b> | <b>EXPLANATIONS</b>                          |
|----------------------|--|
| 1:01                 | Individual Therapy                           |
| a/assess             | Assessment                                   |
| A/H                  | auditory hallucinations                      |
| AA                   | Alcoholics Anonymous                         |
| ACA/ACOA             | Adult Children of Alcoholics                 |
| ADL                  | Assistance in Daily Living                   |
| AF                   | Asian Female                                 |
| AM                   | Asian Male                                   |
| AMA                  | Against Medical Advice                       |
| ANS                  | Adults Needs and Strengths                   |
| AP                   | annual plan                                  |
| Appt.                | Appointment                                  |
| APS                  | Adult Protective Services                    |
| ARTS                 | Adult Residential Treatment Services         |
| ASAP                 | As Soon As Possible                          |
| AWOL                 | Absent Without Leave                         |
| B.F.                 | Boyfriend                                    |
| B/C                  | Board and Care                               |
| BF                   | Black Female                                 |
| BHD                  | Behavioral Health Division                   |
| BIB                  | Brought in by                                |
| Bid                  | Two Times a Day                              |
| BM                   | Black Male                                   |
| BP                   | Blood Pressure                               |
| bro.                 | Brother                                      |
| c                    | With   |
| C                    | Center                                       |
| C/F                  | Community/Field                              |
| c/o                  | Complains of                                 |
| CA                   | Cocaine Anonymous                            |
| Ca                   | Cancer                                       |
| CANS                 | Child and Adolescent Needs and Strengths     |
| CBH                  | Childrens' Behavioral Health                 |
| CBT OR CB            | Cognitive Behavioral Therapy                 |
| CC                   | case coordinator                             |
| CC                   | Chief Complaint                              |
| CCA                  | Central Coast Alliance                       |
| CCF                  | Community Client Functioning                 |
| CE                   | Creavtive Expression Intervention            |
| CET                  | Center for Employment Training               |
| CHOMP                | Community Hospital Of the Monterey Peninsula |
| CHS                  | Community Human Services                     |
| CI                   | Crisis Intervention                          |

|           |  |
|-----------|--|
| CIS       | Crisis Intervention Specialist               |
| CL        | Client                                       |
| CM/B      | Case Management/Brokerage                    |
| CMI       | Chronic Mentally Ill                         |
| CNS       | Central Nervous System                       |
| CO        | Coordinator                                  |
| CODA      | Codependent                                  |
| COLL      | Collateral                                   |
| COT       | Content of Thoughts                          |
| CP        | Coordinated Plan                             |
| CPS       | Child Protective Services                    |
| CRS       | Consent for Rehabilitation Services          |
| CRTS      | Crisis Residential Treatment Services        |
| CT        | Crisis Team                                  |
| CTx       | Couples Therapy                              |
| Cx        | Cancelled/Crisis                             |
| dau       | Daughter                                     |
| DD        | Developmentally Disabled                     |
| Dev       | Development                                  |
| DFS       | Difficulty Falling Asleep                    |
| DIV       | Divorced                                     |
| DM        | Diabetes Mellitus                            |
| DNA       | Did Not Ask                                  |
| DNS (FTS) | Did Not Show (Fail to Show)                  |
| DO        | Disorder                                     |
| DRA       | dual recovery anonymous                      |
| DRP       | Day Rehabilitation Program                   |
| DSES      | Department of Social and Employment Services |
| DSES      | Department of Social and Employment Services |
| DTO       | Danger to Others                             |
| DTS       | Danger to Self                               |
| DT's      | Delirium Tremens                             |
| DV        | Domestic Violence                            |
| DVR       | Department of Vocational Rehabilitation      |
| Dx        | Diagnosis                                    |
| E         | Evaluation                                   |
| e.g.      | Example                                      |
| ECT       | Electroconvulsive Treatment                  |
| Ed        | Education                                    |
| EEG       | Electroencephalogram                         |
| EENT      | Ear, Eyes, Nose, Throat                      |
| EMA       | Early Morning Awakening                      |
| EMR       | Electronic Medical Record                    |
| EPS       | Extrapyramidal Symptoms                      |

|           |                                   |
|-----------|-----------------------------------|
| ER        | Emergency Room/Emergency Response |
| ETOH      | Alcohol                           |
| EVAL      | Evaluation                        |
| Fa        | Father                            |
| FFS/MC    | Fee-for-Service Medi-Cal          |
| FM        | Family Maintenance                |
| FRP       | Family Reunification Program      |
| FSP       | Full Service Partnership          |
| FT        | Full Term                         |
| FTS (DNS) | Fail to Show (Did Not Show)       |
| G/H       | gustatory hallucinations          |
| GD        | Gravely Disabled                  |
| GF        | Girlfriend                        |
| GI        | Gastrointestinal                  |
| GMA       | Grandmother                       |
| GPA       | Grandfather                       |
| GR        | Group Therapy                     |
| GS        | Group Services                    |
| Gtt       | Drops                             |
| H         | Homeless                          |
| H.S.      | High School                       |
| H.V.      | Home Visit                        |
| H/A       | Headache                          |
| H/I       | Homicidal Ideation                |
| H/I       | homicidal ideation                |
| HBP       | High Blood Pressure               |
| HF        | Hispanic Female                   |
| HM        | Hispanic Male                     |
| HMI       | Homeless Mentally Ill             |
| Hosp      | Hospital                          |
| HPN       | Hypertension                      |
| Hr        | Hour                              |
| HS        | At night, Bedtime                 |
| Hx        | History                           |
| I.D.      | Identifying Data                  |
| i.e.      | That is                           |
| ICU       | Intensive Care Unit               |
| IDLS      | independent living skills         |
| II        | Identified Individual             |
| I-IH      | Interim-Independent Housing       |
| IM        | Intramuscular                     |
| In.Pat.   | Inpatient                         |
| Ind.      | Individual                        |
| info.     | Information                       |

|        |  |
|--------|--|
| I-O    | Interim-Crisis                               |
| IP     | Intake Period                                |
| IS     | Individual Service                           |
| I-SH   | Interim Satellite House                      |
| IST    | Incompetent to Stand Trial                   |
| I-TH   | Interim Transition House                     |
| ITx    | Individual Therapy                           |
| IV     | Intravenous                                  |
| IVDU   | Intravenous Drug User                        |
| K      | Potassium                                    |
| L      | Left   |
| L UOQ  | Left Upper Outer Quadrant                    |
| L.D.   | Learning Disability                          |
| LPHA   | Licensed Professional of the Healing Arts    |
| LT     | Long Term                                    |
| LWBS   | left without being seen                      |
| MCJ    | Monterey County Jail                         |
| MDT    | Multidisciplinary Team                       |
| Med    | Medication                                   |
| MGF    | Maternal Grandfather                         |
| MGM    | Maternal Grandmother                         |
| MH/mh  | Mental Health                                |
| MHS    | Mental Health Services                       |
| MHU    | Mental Health Unit                           |
| MI     | Motivational Interview/Myocardial Infraction |
| MIS    | Month of Intake/Miscellaneous                |
| MNA    | Midnight Awakening                           |
| Mo.    | Mother                                       |
| MORS   | Milestone of Recovery Scale                  |
| MRT    | Medical Records Technician                   |
| MSS    | Medication Support Services                  |
| MSU    | Medical Surgical Unit                        |
| N/A    | Not Applicable                               |
| NA     | Narcotics Anonymous                          |
| Nat.Rx | Natividad Pharmacy                           |
| NB     | Non-billable                                 |
| NGRI   | Not Guilty by Reason of Insanity             |
| NKA    | No Known Allergies                           |
| NKDA   | No Known Drug Allergies                      |
| NMC    | Natividad Medical Center                     |
| NoR    | No Refill                                    |
| NP     | Inpatient                                    |
| NSAID  | non-steroidal anti inflammatory drugs        |
| O/H    | olfactory hallucinations                     |

|        |  |
|--------|--|
| OBS    | Organic Brain Syndrome                               |
| OD     | Overdose   |
| OD     | Once a Day   |
| P.C.   | Penal Code   |
| P.D.   | Plan Development                                     |
| PC     | Personal Contact                                     |
| pc, tc | Phone call, telephone call                           |
| PCN    | Penicillin   |
| PCP    | Primary Care Physician                               |
| PE     | Physical Education                                   |
| PG     | public guardian                                      |
| PGF    | Paternal Grandfather                                 |
| PGM    | Paternal Grandmother                                 |
| PM     | Personal Milestone                                   |
| PMHS   | Planned Mental Health Services                       |
| PMS    | Premenstrual Syndrome                                |
| po     | Per Orem, Orally/ By mouth                           |
| PP     | Permanency Planning                                  |
| prn    | As Necessary/As Needed                               |
| PT     | Psychiatric Technician/Physical Therapy              |
| PTA    | Parent Teacher Association                           |
| PTA    | Prior To Admission or depends on context of sentence |
| Px     | Prognosis  |
| QAM    | Every Morning  |
| QD     | Every Day  |
| QH     | Every Hour   |
| QIC    | Quality Improvement Committee                        |
| QID    | Four times a day                                     |
| QMP    | Quality Management Plan                              |
| QMURC  | Quality Management Utilization Review Committee      |
| QOD    | Every Other Day                                      |
| QPM    | Every Night  |
| R/O    | Rule Out   |
| R/S    | Reschedule   |
| re:    | Regarding  |
| recd   | Received   |
| recq   | Requested  |
| Rehab  | Rehabilitation                                       |
| RF     | Refill   |
| ROP    | Regional Opportunity Program                         |
| RS     | Rehabilitation Services                              |
| RSNC   | Rehabilitation Services of Northern California       |
| Rt. R  | Right  |
| RTC    | Return to Clinic                                     |

|            |  |
|------------|--|
| rtn        | Return                                   |
| RTW        | Return to Work                           |
| Rx         | Prescription                             |
| S          | Single                                   |
| s          | Without                                  |
| S/A        | Suicide Attempt                          |
| S/I        | Suicidal Ideation                        |
| S/O        | Significant Other                        |
| S-8        | Section 8 (Housing)                      |
| SA         | Substance Abuse                          |
| SAS        | Salinas Adult School                     |
| SD/MC      | Short-Doyle/Medi-Cal                     |
| SDS        | Service Delivery Staff                   |
| SED        | Seriously Emotionally Disturbed          |
| SEES       | Supportive Education Employment Services |
| sis        | Sister                                   |
| SMAD       | Service Mode Admission/Discharge         |
| SOB        | Shortness of Breath                      |
| SOT        | Stream of Thought                        |
| SP         | Service Plan                             |
| SSA        | Social Security Administration           |
| SSI        | Social Security Income                   |
| SSN        | Social Security                          |
| STAT       | At Once                                  |
| SW         | Social Worker                            |
| Sx         | Symptoms                                 |
| T.D.       | Tardive Dyskenesia                       |
| T/H        | tactile hallucinations                   |
| TC         | tought content                           |
| tc, pc, tc | Telephone Call, Phone Call               |
| THC        | Marijuana                                |
| TID        | Three Times a Day                        |
| TP         | Target Population                        |
| TP         | thought process                          |
| Tx         | Treatment                                |
| V/H        | visual hallucinations                    |
| VA         | Veterans Administration                  |
| w/         | With                                     |
| w/in       | Within                                   |
| w/o        | Without                                  |
| WF         | White Female                             |
| WM         | White Male                               |
| WNL        | Within Normal Limits                     |
| WP         | Window Period                            |

|     |          |
|-----|----------|
| wt. | Weight   |
| x   | Times    |
| Y/O | Year Old |
| YR  | Year     |

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**OTHER COMMONLY USED TERMS**

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| Term            | Description                             |
|-----------------|---|
| Manzanita House | Interim Crisis House                    |
| Nueva Esperanza | Door to Hope Residential Treatment Home |