



Monterey County Behavioral Health Policy and Procedure

Policy Number	401
Policy Title	Psychological Testing
References	None
Form	None
Effective	September 8, 1986 Revised: May 25, 2003 Revised: September 1, 2008

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25
26
27
28
29
30
31
32
33
34

Policy

It is the policy of the Behavioral Health Division to provide psychological testing necessary for the accurate diagnosis and treatment of mental disorders presented by consumers. That responsibility does not include providing psychological testing or evaluations to individuals who are not consumers in the Monterey County Health Department Behavioral Health Division, unless there exists in law, Welfare and Institutions Code, Penal Code, California Administrative Code or other governmental agency regulations, instructions to the contrary.

Psychological testing can be useful in:

1. Differential diagnosis;
2. Evaluation of personality dynamics;
3. Treatment planning and recommendations;
4. Evaluation of intellectual functioning;
5. Evaluation of organic dysfunction;
6. Second opinion on difficult cases.

Procedure

A. Requests for psychological testing are to be discussed with the psychologist prior to scheduling the consumer for testing to clarify:

1. Purpose of testing;
2. Scheduling of testing;

35 3. Suitability of consumers for various testing;

36

37 4. Supervision of test administrator.

38

39 B. Payment for psychological testing:

40

41 1. Consumers who have UMDAP fees established and whose care and treatment is provided by
42 the Short-Doyle program will incur no additional costs;

43

44 2. Consumers who qualify under AB 3632 for psychological testing as part of the assessment
45 procedure will incur no costs. (Those AB 3632/26.5 clients eligible for Medi-Cal will have such
46 services billed directly to Medi-Cal).

47

48 3. The billing rate for psychological testing is one assessment unit per day regardless of the length
49 of the session for personality and/or intelligence testing, including test scoring, analysis or results
50 and report preparation.

51

52

53

54