



Monterey County Behavioral Health Policy and Procedure

Policy Number	412
Policy Title	Determination Of Appropriate Level Of Care For Public Conservatee Or Voluntary Consumer
References	None
Form	None
Effective	August 30, 1995 Revised: July 1, 1995 Revised: May 20, 2003 Revised: April 1, 2009

Policy

Adult Services staff will determine the level of care for Public Conservatees or voluntary consumer when it is assessed that the consumer is not capable of managing his/her own household independently.

Procedure

When it is clear to the clinician that the consumer is not currently capable of managing his/her own household independently and out-of-home placement is required, the following guidelines should be followed in determining the most appropriate level of care.

- 1. Independent Living:** No supervision of resident's activities. Resident must be responsible for taking his/her own medication and maintain independent living.
- 2. Room and Board:** Minimal supervision of resident's activities. Resident must be responsible for taking his/her own medication, private rooms, and common living area. Residents purchase and prepare their own food and handle personal belongings in satellite housing.
- 3. Board and Care:** Twenty-four hour supervision of resident's activities, including management of community activities provided or arranged. Residents must be capable of managing their functions of daily living (personal grooming, hygiene and toiletry). Larger facilities have activity directors and physician coverage on a regular basis.
- 4. Transitional Residence:** Structured residential programs designed to assist mental **health** consumers with chronic disabilities, to learn the social and living skills necessary for transition to a more independent living situation. Licensed facility, i.e., Transitional Programs.
- 5. Dual Diagnosis:** Structured residential program designed to assist mental health consumers with chronic disabilities who also abuse drugs and/or alcohol, learn social and living skills and learn ways to address their substance abuse or chemical dependency. Licensed facility i.e., Transitional Programs.

- 2 6. **Skilled Nursing Facility (SNF):** Twenty-four hour nursing and supervision available. Residents may be
3 non-ambulatory. Post-operative rehabilitation, generalized and/or psychiatric care. Locked and unlocked
4 facilities available. Licensed activity director on staff (Level 6, i.e. Golden Living Center, San Jose, CA).
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- 6 7. **Short Term Crisis Residence:** Resident needs to be generally ambulatory and capable of managing the
7 basic functions of daily living with minimal supervision. Living environment is highly structure. Twenty-four
8 hour supervision is provided. Licensed facility, i.e., Short Term Crisis Residence.
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- 10 8. **Psychiatric Hospital (private, county and state):** Twenty-four hour supervision, **nursing** and medical
11 services. High staff-to-patient ratio. Criteria for admission: variable for involuntary (e.g., danger to self,
12 danger to others or “grave disability”), voluntary (hospital’s agreement). Locked capacity. Capability of
13 meeting medical emergencies. Acute and chronic patients treated.