



# Monterey County Behavioral Health Policy and Procedure

<b>Policy Number</b>	455
<b>Policy Title</b>	Interface With Physical Health Care For Short- Doyle Clients And Excluded Diagnosis Clients
<b>References</b>	Consolidated Specialty Mental Health Services Annual Review Protocol
<b>Form</b>	Referral Request Form, NMC Laboratory Request Form, Short-Doyle Laboratory Form
<b>Effective</b>	August 7, 2000 March 27, 2003

## Policy

It is the policy of Monterey County Health Department – Behavioral Health Division (MCHD-BHD) that clients who do not belong to a health care plan, including Medi-Cal Mental Health Plan, shall have access to Primary Care Physicians, including medication and laboratory procedures.

It is the policy of the MCHD-BHD to provide telephone consultation to Medi-Cal Managed Care Primary Care Physicians for their patients who do not belong to the Medi-Cal Managed Care Plan. As there are available resources, MCHD-BHD will provide psychiatric consultation to Primary Care Physicians who do not belong to a Medi-Cal Managed Care Plan.

It is also a policy of MCHD-BHD to provide telephone, or brief face-to-face, consultation to Federally Qualified Health Centers or Rural Health Centers. Monterey County has 3 FQHCs (Seaside Family and Community Health Clinic, Marina Family and Community Health Clinic and Alisal Family and Community Health Clinic)

It is a policy of MCHD-BHD to invite PCPs of the Managed Care Plan Providers to any Behavioral Health Continuing Education especially trainings related to psychiatric medications.

## Procedure

1. MCHD-BHD clients under the category of Short-Doyle (no health care coverage), shall be referred by their treating psychiatrist to Natividad Medical Center (NMC) Family Practice Clinic for their physical health needs.
2. NMC Primary Care Physicians shall be responsible to refer Short-Doyle clients to other specialty services as necessary.
3. MCHD-BHD clinical staff and NMC Primary Care Physicians share medical records and other relevant information needed for the clinical care, to prevent problematic medication interaction and assist in the management of the client's physical and mental health care.
4. MCHD-BHD and NMC providers maintain confidentiality in accordance with applicable state and federal laws and regulations, including HIPAA.
5. MCHD-BHD clinical and NMC Primary Care Physicians shall provide consultation and training to include psychiatric and physical illness medications.
6. NMC Primary Care Physicians shall make medications and laboratory procedures for physical illness available to clients under the Medically Indigent Adult (MIA) program.

- 39 MCHD-BHD provides psychiatric medications and laboratory procedures appropriate for the  
40 care of mental illness to Short-Doyle clients.  
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- 42 7. MCHD-BHD Access Team shall provide referrals to appropriate agency or providers for  
43 clients with an excluded diagnosis.  
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- 45 8. MCHD-BHD shall provide treatment to clients with a dual, or more, diagnoses when the  
46 principal diagnosis meets Medical Necessity Criteria of the Mental Health Plan (MHP).  
47 Individuals with treatment needs who do not meet Medical Necessity Criteria of the MHP  
48 shall be referred to an appropriate agency or provider.  
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- 50 9. MCHD-BHD shall treat Medi-Cal Beneficiaries whose mental health needs meet mental  
51 health services Medical Necessity Criteria which is too complex for the primary care provider  
52 to manage such as, but not limited to:  
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- 54 a. The client requires treatment with multiple psychoactive medications (combined  
55 therapy).  
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- 57 b. The client requires treatment with an antipsychotic medication with which the  
58 Primary Care Physician is unfamiliar.  
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- 60 c. The client has not achieved adequate therapeutic benefit despite multiple attempts  
61 and initial psychiatric consultation.  
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- 63 d. The client is chronically unstable and has treatment needs which exceeds the  
64 skill/resource of the Primary Care Physician.  
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- 66 10. The Primary Care Physician for Medi-Cal Managed Care Plan for clients who are non-Medi-  
67 Cal Managed Care Plan can consult with specialty mental health services following the  
68 MCHD-BHD Policy and Procedure No. 459 Procedure 4.e.1  
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- 70 11. MCHD-BHD Continuing Education Committee includes Primary Care Physicians who are  
71 Medi-Cal Managed Care providers in their mailing of the Bi-Annual Continuing Education  
72 Schedule.  
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