



# Monterey County Behavioral Health Policy and Procedure

<b>Policy Number</b>	334
<b>Policy Title</b>	Staff Designated for Involuntary Holds
<b>References</b>	California (CA) Welfare and Institutions Code (W&I), Division 5 County of Monterey Board of Supervisors Resolution No: 81-257 California Code of Regulations, Title IX California Business and Professions Code
<b>Form</b>	Sample 5150 Professional Staff Authorization Card
<b>Effective</b>	May 22, 2014 Revised August 25, 2016

## 1 2 **Policy**

3 Monterey County Behavioral Health, in compliance with CA W&I, Division 5 and  
4 County of Monterey Board of Supervisors Resolution No: 81-257 establishes the  
5 following procedures in order to designate and certify mental health professionals  
6 who can initiate involuntary holds (referred to herein as “5150 holds” even though  
7 it applies to involuntary holds authorized by W&I 5150 and W&I 5585), with  
8 probable cause, for persons who are a danger to themselves, danger to others,  
9 and/or gravely disabled due to mental health disorders.

## 10 11 **Procedures**

- 12 I. Persons authorized to initiate 5150 holds in Monterey County are:
- 13 a. Peace officers
  - 14 b. All physicians licensed by the Medical Board of California who live in or  
15 practice in Monterey County
  - 16 c. Designated Monterey County Behavioral Health (MCBH) mental health  
17 professionals
  - 18 d. Designated attending staff of Monterey County designated 5150  
19 facilities:
    - 20 i. Natividad Medical Center (NMC) in Salinas, CA; and
    - 21 ii. Community Hospital of the Monterey Peninsula (CHOMP) in  
22 Monterey, CA
  - 23 e. Other mental health professionals designated by the MCBH Director
- 24  
25  
26 II. MCBH staff, attending staff of Monterey County 5150 facilities, and other  
27 mental health professionals eligible to be certified and designated to initiate  
28 5150 holds must hold the following credentials or current  
29 licensure/registration (as recognized by their respective governing licensure  
30 boards) according to the County of Monterey Board of Supervisors Resolution

31 No: 81-257 and as defined in the California Code of Regulations, Title IX and  
32 in the California Business and Professions Code:

- 33 a. Psychiatrist
- 34 b. Psychologist
- 35 c. Social Worker
  - 36 i. Includes:
    - 37 1. Licensed Clinical Social Workers
    - 38 2. Associate Social Workers
    - 39 3. Masters of Social Worker Interns
- 40 d. Nurses
- 41 e. Licensed Vocational Nurse
- 42 f. Psychiatric Technician
- 43 g. Mental Health Rehabilitation Specialist
- 44 h. Licensed Marriage and Family Therapists
- 45 i. The following mental health professional categories who meet or  
46 exceed the specialized mental health training and experience  
47 qualifications of the classifications specified in Section II, a-h:
  - 48 i. Certified Nurse Practitioner
  - 49 ii. Physician's Assistant (PA)
  - 50 iii. Psychology Interns
  - 51 iv. Licensed Professional Clinical Counselor (LPCC)
  - 52 v. Professional Clinical Counselor Interns (PCCI)
  - 53 vi. Professional Clinical Counselor Trainees
  - 54 vii. Marriage and Family Therapy Interns
  - 55 viii. Marriage and Family Therapy Trainees
  - 56 ix. Waivered staff per the California Department of Health Care  
57 Services (DHCS)
    - 58 1. Must have an active, current waiver from CA DHCS

59  
60 III. MCBH mental health professionals, designated attending staff at Monterey  
61 County 5150 facilities, and other mental health professionals designated by  
62 the MCBH Director must possess current a Monterey County 5150 Hold  
63 certification and designation as represented by a 5150 Professional Staff  
64 Authorization Card issued within the current calendar year.

- 65 a. In order to be certified and designated to initiate 5150 holds, the  
66 mental health professional must successfully complete the MCBH  
67 5150 Certification Training, which is currently facilitated by the  
68 Patients' Rights Advocate
  - 69 i. Successful completion of the course includes achieving a  
70 passing score in a training examination
- 71 b. It is also strongly recommended that the mental health professional  
72 has certification from MCBH's Crisis Prevention Institute (CPI) certified  
73 training from the current calendar year.
- 74 c. Once the mental health professional successfully completes the MCBH  
75 5150 Certification Training, the MCBH Director will review the  
76 professionals' credentials, licensure, and training outcomes.

- 77 d. Based on a satisfactory review, the MCBH Director will approve  
78 designation of the mental health professional as one who can initiate  
79 5150 holds in Monterey County
- 80 e. The mental health professional will be issued a numbered 5150  
81 Professional Staff Authorization Card identifying them as designated to  
82 initiate 5150 holds in Monterey County.
- 83 f. Discontinuation of involuntary holds:  
84 i. Only a board certified psychiatrist can discontinue involuntary  
85 holds. A board certified psychiatrist must document their  
86 decision based on an in-person or tele assessment.  
87
- 88 IV. The MCBH Director and Patients' Rights Advocate will continually monitor  
89 5150 holds initiated by designated mental health professionals to ensure that  
90 5150 holds are in compliance with pertinent statutes and regulations.
- 91 a. If a designated mental health professional's 5150 holds are satisfactory  
92 and in compliance with pertinent statutes and regulations, the MCBH  
93 Director may renew their 5150 designation for the following calendar  
94 year.  
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- 96 V. The MCBH Director can revoke, at any time, a designated mental health  
97 professional's 5150 Professional Staff Authorization Card. Once revoked, the  
98 mental health professional can no longer initiate 5150 holds within Monterey  
99 County.
- 100 a. The revocation will take effect immediately.  
101 b. The Patients' Rights Advocate will be informed immediately of the  
102 revocation.  
103 c. The mental health professional will be informed as soon as reasonably  
104 possible of the revocation of their 5150 Professional Authorization  
105 Card.