



# Monterey County Behavioral Health Policy and Procedure

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<b>Policy Number</b>	508
<b>Policy Title</b>	Administration of VIVITROL
<b>References</b>	None
<b>Form</b>	FDA regulations handout: <a href="http://www.fda.gov/downloads/Drugs/DrugSafety/UCM206669.pdf">http://www.fda.gov/downloads/Drugs/DrugSafety/UCM206669.pdf</a>
<b>Effective</b>	November 25, 2015

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## Policy

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This is the policy, protocol and procedures to administer VIVITROL. VIVITROL is an FDA approved injectable medication used in the treatment of opiate and alcohol addiction. VIVITROL must be administered within federal and state guidelines. VIVITROL is used along with counseling and other social supports to help individuals to subsequently cease and/or decrease opiate or alcohol use.

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## Procedure

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VIVITROL is indicated for use in adults (18 years or older) who meet the following criteria:

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1) A diagnosis of alcohol dependence and/or opioid dependence disorder;

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2) Intent and ability to abstain (in the clinical judgement) from all opioids and alcohol immediately prior to receiving VIVITROL dose and opioid-free (including Tramadol) at least 7-10 days before starting VIVITROL;

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3) Required labs prior to injection:

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- A. Liver function tests
- B. Urine toxicology
- C. BUN/creatinine

### *Contraindications:*

1. Reported history of opioid use (including tramadol) within 7 to 10 days of injection, with the exception of methadone and buprenorphine, which require a minimum of 14 drug-free days

2. Failure to tolerate oral Naloxone

3. Positive urine screen for opioids

- 35 4. Hypersensitivity to Naltrexone or any component of the formulation  
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37 5. Pregnancy  
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39 6. Breast feeding  
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41 7. Severe renal failure, as VIVITROL has not been studied in this population  
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43 8. Severe hepatic impairment, as VIVITROL has not been studied in this population  
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46 *Use with caution:*

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48 1. Bleeding disorders: Use intramuscular (IM) injection with caution in patients thrombocytopenia or  
49 any bleeding disorder (including hemophilia and severe hepatic failure), or patients on  
50 anticoagulant therapy; bleeding/hematoma may occur from IM administration.  
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52 2. Hepatocellular injury: Dose-related hepatocellular injury is possible; the margin of separation  
53 between the apparent safe and hepatotoxic doses appears to be  $\leq 5$ -fold. Discontinue therapy if  
54 signs/symptoms of acute hepatitis develop. Clinicians should note that elevated transaminases  
55 may be a result of pre-existing alcoholic liver disease, hepatitis B and/or C infection, or concomitant  
56 use of other hepatotoxic drugs; abrupt opioid withdrawal may also lead to acute liver injury.  
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59 *Administration Instructions:*

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61 Administer IM VIVITROL into the upper outer quadrant of the gluteal area; must inject dose using  
62 one of the provided needles for administration. Use either the 1.5-inch needle (for very lean  
63 patients) or the 2-inch needle (for patients with a larger amount of subcutaneous tissue overlying  
64 the gluteal muscle). Either needle may be used for patients with average body habitus. Avoid  
65 inadvertent injection into a blood vessel; do not administer IV, SubQ, or into fatty tissue (the risk of  
66 serious injection site reaction is increased if given incorrectly as a SubQ injection or into fatty tissue  
67 instead of the gluteal muscle). Injection should alternate between the 2 buttocks. Do not substitute  
68 any components of the dose-pack  
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71 *Informed Consent:*

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73 Please provide informed consent, including warning that opiate use after VIVITROL can cause fatal  
74 overdose, as the opiate receptors may be sensitized.  
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76 The following document should be provided and discussed with the patient. The FDA regulations  
77 handout: <http://www.fda.gov/downloads/Drugs/DrugSafety/UCM206669.pdf>  
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