

Monterey County Behavioral Health Quality Improvement

RE:	Implementation of SUD Youth Assessment
FORM REFERENCE	"SUD Youth Assessment" (Avatar)
EFFECTIVE	May 18 th , 2020

As part of ongoing quality improvement efforts, MCBH is introducing the **Youth SUD Assessment** in AVATAR. This assessment was created to ensure that youth seeking substance use treatment are assessed following the ASAM Criteria and the Youth Treatment Guidelines which reflect the overarching principles of substance use disorder treatment for children.

The Youth Treatment Guidelines establish guiding principles and standards of care for youth treatment services. The target population for youth treatment is individuals ages 12- 17. This updated assessment tool includes the following required information:

- Issues of substance abuse
- Mental Health
- Physical Health (i.e. medical history, dental health, disease screening)
- Legal History
- Developmental History
- School
- Education
- Employment
- Family/Peer Relationships
- Risk Assessment
 - Suicide – Current suicidal ideation/past history
 - Homicidal – Current homicidal ideation/past history
 - Physical/Sexual Abuse
 - Perpetration of physical or sexual abuse on others
- Developmental and Cognitive Levels
- Independent Living Skills
- Strengths
- ASAM Risk Ratings and Level of Care Recommendations

Additional information on Youth Treatment Guidelines can be found in the [Department of](#)

[Health Care Youth Treatment Guidelines](#) and in the Monterey County Behavioral Health [SUD Documentation Guide](#).

PROCEDURES

- Effective May 18th, 2020
- SUD Youth Assessment is for client's ages 12-17
- Open **SUD Youth Assessment** form
- Complete available fields
- The **SUD Youth Assessment** may be conducted by a SUD counselor or LPHA. If completed by SUD counselor, medical necessity must be established with an LPHA.
- LPHA signature is required
- During this transition:
 - SUD Assessments for ages 12-17 already in draft may be completed and finalized after reviewed by LPHA up until May 21st, 2020.